

### **Within A Spiritual Awakening To**

However, some people are experiencing an awakening and don't even know it. I decided to intently create this outline of the most common signs you may be experiencing a spiritual awakening, so that you can more purposely direct your energy to the growth and expansion of it.

### **11 Signs of a Spiritual Awakening You May Be Experiencing**

Put simply, spiritual awakenings mark the beginning of your initiation on the spiritual path. Without experiencing a spiritual awakening, we go throughout life pursuing the emptiness of money, fame, power, and respect in an attempt to find "happiness."

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Spiritual awakening, then, is an awakening of a dimension of reality beyond the confines of the ego. The ego is our exclusive sense of self or "I." This awakening occurs when, for whatever reason, the ego somehow let's go so that a Higher Self or Spirit can arise within.

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The Path of Spiritual Awakening Everyone has within themselves the potential of total awareness, of self realization, of God-consciousness. It goes by a lot of names, like cosmic consciousness, Christ, Holy Spirit, self-realization, or whatever other term you'd like to use.

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### **within a spiritual awakening to love weight loss**

The reality is you can't force a spiritual awakening. Anyone can have one, and following tips like the ones in this article will help you in that effort, but there's no prescription for enlightenment. Do what you can, then let it go. If you're attached to the idea of having a spiritual awakening (and attached to your idea of what a spiritual ...

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